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Sept. 22, 1975

Dr. Joshua Lederberg Dept. of Genetics Stanford University School of Medicine PALA ALTO, California 94304

Dear Dr. Lederberg:

Perhaps my letter of July 22 failed to reach you due to summer absence, or has been put aside due to more pressing matters. In case it is the former, may I state my case open.

As a Professor Diagnostic Radiology, I am concerned by the unwise use of diagnostic radiation, particularly in children and women of the childbearing age. It is a sad commentary on medical thinking, or perhaps merely another example of the apocryphal Murphy's Law, that the young woman with the most vague, atypical and often insignificant symptoms, receives the largest number of radiographic examinations. The less they are indicated, the more she receives.

I teach our medical students that the following are not sufficient indications for radiographs of the pelvic area of women under 45 years: the patient expects it; the doctor wishes to appear thorough and not take a remote risk of making a mistake; for reassurance of the patient; for the curiosity of the doctor; for supposed medico-legal reasons; as a substitute for the doctor thinking; for something to do. I am convinced there is a slight risk to all radiation and that there must be an expected benefit to be balanced against the possible risk.

Doctors in general and even radiologists, frequently come to me with questions. The topics of inquiry are most often the maximum acceptable dose for diagnostic procedures (there isn't any); the problems involved with the ten-day rule; what to do when there is an inadvertent exposure to the pregnant woman and is abortion ever indicated; and guidelines for use of diagnostic radiation in the woman known to be pregnant.

I thought the BEIR report was excellent and feel that the findings in it should be more widely disseminated to the medical profession to help them deal with problems such as mentioned above. In this regard I was very much intrigued by their extrapolations from your interesting calculations,

I have made a further paraphrase and extrapolation of the extrapolation and would like to use it in the article I now have ready for submission to the Canadian Medical Association Journal. I would gladly send you the entire article if you would like to see it.

If you could spare the time, I would very much appreciate a phone call to correct any fallacies in my understanding or calculations. I did not think it was necessary to divide by the 30 year generation and then multiply by the same 30 years, and although perfectly correct, thought this could be left out of the calculations. It is entirely possible that I have not fully emprehended every facet of your argument and that I have in my ignorance misled my potential readers.

I would be most appreciative if you would phone me collect at my office 1-306-343-3041 or at my residence 1-306-244-0742, with criticism and comments of the enclosed three pages.

Thanking you in anticipation.

Yours sincerely,

C. Stuart Houston, M.D., F.R.C.P. (C), F.A.C.R.

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